

**Kim T. Hoffman, Ph.D.**

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**ADULT INTAKE FORM**

**PERSONAL INFORMATION**

<b>Client Name</b>	
<b>DOB</b>	
<b>ADDRESS</b>	
<b>Phone (home)</b>	OK to call Yes ___ No ___ Preferred? ___
<b>Phone (cell)</b>	OK to call Yes ___ No ___ Preferred? ___
<b>Phone (work)</b>	OK to call Yes ___ No ___ Preferred? ___

Please list all those you are living with:

Name	Age	M/F	Birth Date	Relationship	Education	Occupation

Feel free to list other important relationships (step children living out of the home, others you care about or for):

Name	Age	M/F	Birth Date	Relationship	Education	Occupation

**MEDICAL INFORMATION**

Physician: \_\_\_\_\_

Describe any health problems you (client) have: \_\_\_\_\_

Current medications: \_\_\_\_\_

Any serious/chronic illnesses: \_\_\_\_\_

Prior surgeries: \_\_\_\_\_

Previous counseling or therapy: No \_\_\_ Yes \_\_\_ When? \_\_\_\_\_

Counselor Name or Agency Name: \_\_\_\_\_

What was the concern? \_\_\_\_\_

Have you ever been hospitalized for psychiatric treatment? No \_\_\_\_\_ Yes \_\_\_\_\_ When? \_\_\_\_\_

Where were you hospitalized? \_\_\_\_\_ For how long? \_\_\_\_\_

What brings you to treatment now? \_\_\_\_\_

How long have your current problems existed? \_\_\_\_\_

Describe your present concerns: (Circle one) Mild Moderate Moderately Severe Severe A Crisis

How did you learn about me? \_\_\_\_\_

Emergency contact person: \_\_\_\_\_  
(Name) (Relationship) (Phone)

**PLEASE MARK ALL THAT APPLY:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> crying spells           | <input type="checkbox"/> lack energy            | <input type="checkbox"/> money problems            |
| <input type="checkbox"/> unable to have fun      | <input type="checkbox"/> always worried         | <input type="checkbox"/> relationship concerns     |
| <input type="checkbox"/> feelings easily hurt    | <input type="checkbox"/> frequent sweating      | <input type="checkbox"/> work difficulties         |
| <input type="checkbox"/> lacking in confidence   | <input type="checkbox"/> dizziness              | <input type="checkbox"/> sexual problems           |
| <input type="checkbox"/> constipation            | <input type="checkbox"/> shaky hands            | <input type="checkbox"/> can't hold a job          |
| <input type="checkbox"/> feeling grouchy         | <input type="checkbox"/> stomach trouble        | <input type="checkbox"/> excessive drinking        |
| <input type="checkbox"/> always tired            | <input type="checkbox"/> nightmares             | <input type="checkbox"/> excessive medication use  |
| <input type="checkbox"/> poor appetite           | <input type="checkbox"/> excessive drug use     | <input type="checkbox"/> depressed                 |
| <input type="checkbox"/> cold feet and hands     | <input type="checkbox"/> problems with children | <input type="checkbox"/> excessive overeating      |
| <input type="checkbox"/> trouble sleeping        | <input type="checkbox"/> feeling panicky        | <input type="checkbox"/> problems with parents     |
| <input type="checkbox"/> feeling lonely          | <input type="checkbox"/> diarrhea               | <input type="checkbox"/> poor physical health      |
| <input type="checkbox"/> weight loss/gain        | <input type="checkbox"/> shy with people        | <input type="checkbox"/> fighting and quarreling   |
| <input type="checkbox"/> not enjoying things     | <input type="checkbox"/> muscle twitching       | <input type="checkbox"/> dislike my body           |
| <input type="checkbox"/> suicidal thoughts       | <input type="checkbox"/> nausea or vomiting     | <input type="checkbox"/> full of energy            |
| <input type="checkbox"/> feeling inferior        | <input type="checkbox"/> can't make decisions   | <input type="checkbox"/> overly ambitious          |
| <input type="checkbox"/> loss of sexual interest | <input type="checkbox"/> can't make friends     | <input type="checkbox"/> easily excited            |
| <input type="checkbox"/> no one understands me   | <input type="checkbox"/> headaches              | <input type="checkbox"/> quick tempered            |
| <input type="checkbox"/> worried about health    | <input type="checkbox"/> fainting spells        | <input type="checkbox"/> impatient with people     |
| <input type="checkbox"/> can't concentrate       | <input type="checkbox"/> unable to relax        | <input type="checkbox"/> binge eating              |
| <input type="checkbox"/> can't "get going"       | <input type="checkbox"/> feeling fearful        | <input type="checkbox"/> very restless             |
| <input type="checkbox"/> feeling angry           | <input type="checkbox"/> overly sensitive       | <input type="checkbox"/> feel like hurting someone |
| <input type="checkbox"/> don't like being alone  | <input type="checkbox"/> anxious inside         | <input type="checkbox"/> feel like smashing things |

**Please circle:**

YES NO I acknowledge that I have read and understand all of the HIPAA regulations and statements and that my signature below indicates that I agree to abide by all of the above conditions.

YES NO I understand HIPPA policies, and have been offered a copy of HIPAA policies.

YES NO I authorize the release of any medical information necessary to process my insurance claims.

YES NO I authorize benefits to be paid directly to Kim T. Hoffman, Ph.D.

YES NO I consent to the exchange of treatment information with my primary care physician.

Physician's name/office and phone: \_\_\_\_\_

Is it okay to communicate electronically (email/fax) with those you sign a release (PCP, Psychiatrist, etc.)

No \_\_\_\_\_ Yes \_\_\_\_\_

Is it okay to communicate with you by email? No \_\_\_\_\_ Yes \_\_\_\_\_

Email address : \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_